



KANSAS STATE YOUTH SOCCER

www.kansasyouthsoccer.org

"The purpose of the Kansas Youth Soccer Association is to promote, foster, and perpetuate the game of soccer throughout the State of Kansas."

Kansas Youth Soccer Return-To-Play (RTP) Guidelines

Kansas Youth Soccer Return-To-Play guidelines are in accordance with the State of Kansas "[Ad Astra: A Plan to Reopen Kansas](#)" time frame and following its guidance through each phase of the plan **beginning with Phase Two.**

Many county and city governments have different dates, definitions requirements for group gatherings. KSYSA member clubs will need to understand their local policies and restrictions to insure staying in compliance with all government standards before returning to play.

The state of Kansas **Ad Astra plan is the regulatory baseline in each phase** of this framework, with Kansas **local governments retaining authority to impose additional restrictions that are in the best interest of the health of their respective residents, consistent with the decentralized public health system outlined in Kansas law.**

- ***Example:*** If a county decides to impose a local "Safer at Home" order beyond May 4th or impose additional restrictions not outlined in the Ad Astra plan, they are permitted to do so under certain conditions.
- If local governments choose NOT to impose any additional restrictions, then they are required to operate within the regulatory baseline of the Ad Astra Plan for each phase.

REGARDLESS of phase, the State Health Officer retains the authority to impose additional public health interventions in any area that contains an emergent and significant public health risk as determined by the Officer.

Specific business and activity restrictions in each phase were determined by assessing the contact intensity of the service provided, the number of contacts generally possible, and the ability to modify the risk of activities and services.

Throughout every phase of Ad Astra, the Kansas soccer community should:

- Maintaining social distancing
- Practice good hygiene
- Remain home when sick
- Follow isolation and quarantine orders issued by state or local health officers
- Use cloth face masks when leaving their homes
- Continue to clean and disinfect surfaces

Mass gathering limits for each phase were determined by considering the growing capacity of our public health infrastructure and a measured, gradual approach for loosening restrictions. **The Governor reserves the right to loosen or strengthen these restrictions in subsequent phases based on the state's health progress.**

Any specific guidelines NOT OUTLINED in the Ad Astra plan are the jurisdiction of each local government.



KANSAS STATE YOUTH SOCCER

www.kansasyouthsoccer.org

"The purpose of the Kansas Youth Soccer Association is to promote, foster, and perpetuate the game of soccer throughout the State of Kansas."

Ad Astra: Phase Two (2) Details & Application to Youth Soccer

Begins no earlier than June 1, 2020 or later as determined by the Governor to issue the Executive Order to move Kansas into the phase and if allowed by City, and/or County Governments.

State of Kansas Ad Astra Plan Phase Two Restrictions:

1. No mass gatherings of more than 30 individuals allowed
2. Face Mask or coverings are strongly encouraged in public settings
3. Maintain social distancing of 6–10 feet
4. Any employee/volunteer (i.e. Coach, Manager, board member, etc.) exhibiting symptoms should be required to stay home.
5. Minimize or avoid nonessential travel

Kansas Youth Soccer Training Restrictions:

- Limited to 30 or less players/coaches/managers, etc.
- Zero tolerance non-contact policy (coach/player or player/player)
- No spectators allowed
- Must maintain social distancing minimum of 6-10 feet between participants throughout training
- Practices must be conducted outdoors
- Any players or coaches with any signs or [symptoms of Covid-19](#) are not permitted to participate
- Players/coaches must use hand sanitizer before, during breaks, and after practice
- Players are not allowed to carpool to and from practice
- Players should wear PPEs (masks) when not actively training
- No Congregating Policy for players or parents in parking lots, at drop off zones, at entrance / exit areas of facility, or before or after training session

Kansas Youth Soccer Members & Club Recommendations:

- Assign a COVID-19 Safety Officer who will communicate policy club-wide to coaching staff, parents and players, and provide regular updates and reminders
- Assign each team a coordinator to oversee compliance at the team level during training
- Provide coaches and team coordinators with PPEs (masks) and sanitizing products
- Communicate immediately with the local health department in the event of a confirmed COVID-19 case within a team and cancel all training sessions for that team and any team associated with that coach.
- Schedule training sessions so that one team/group is able to conclude and depart prior to the next team / group arriving, avoiding high traffic times
- Establish designated drop off and pick up zones for each field

Kansas Youth Soccer Coach Guidelines:

- Wear PPEs (masks) at all times
- Limit equipment brought to practice, disinfecting all equipment before / after use
- Do not allow players to share pennies, other equipment, or water bottles
- Encourage players to bring their own balls to training
- Require parents to confirm their child is symptom free before attending training
- Report confirmed cases of COVID-19 to member organization immediately and cease trainings
- Compliance with all local and state guidelines



KANSAS STATE YOUTH SOCCER

www.kansasyouthsoccer.org

"The purpose of the Kansas Youth Soccer Association is to promote, foster, and perpetuate the game of soccer throughout the State of Kansas."

[Ad Astra: Phase Three \(3\) Details and Application to Youth Soccer](#)

Begins no earlier than June 15, 2020 or later as determined by the Governor to issue the Executive Order to move Kansas into the phase and if allowed by City, and/or County.

State of Kansas Ad Astra Plan Phase Three Restrictions:

1. No mass gatherings of more than 90 individuals allowed
2. Face Mask or coverings are a choice in public settings
3. Maintain social distancing of 6–10 feet
4. Remain home when sick
5. Nonessential travel may resume

Kansas Youth Soccer Training Restrictions:

- Limited to 90 or less players/coaches/managers, etc.
- Zero tolerance non-contact policy (coach/player or player/player)
- No spectators allowed
- Must maintain social distancing minimum of 6 feet between participants throughout training
- Any players or coaches with any signs or symptoms of Covid-19 are not permitted to participate
- Players/coaches must use hand sanitizer before, during breaks, and after practice
- Players should not carpool to and from practice
- Players can choose to wear PPEs (masks) as appropriate
- No Congregating Policy for players or parents in parking lots, at drop off zones, at entrance / exit areas of facility, or before or after training session

Kansas Youth Soccer Members & Club Recommendations:

- Communicate immediately with the local health department in the event of a confirm COVID19 case within a team and cancel all training sessions for that team and any team associated with that coach.
- Schedule training sessions so that one team/group is able to conclude and depart prior to the next team / group arriving, avoiding high traffic times
- Establish designated drop off and pick up zones for each field

Kansas Youth Soccer Coach Guidelines:

- Wear PPEs (masks) as appropriate
- Limit equipment brought to practice, disinfecting all equipment before / after use
- Do not allow players to share pennies, other equipment, or water bottles
- Encourage players to bring their own balls to training
- Require parents to confirm their child is symptom free before attending training
- Report confirmed cases of COVID-19 to member organization immediately and cease trainings
- **Compliance with all local and state guidelines**

[Ad Astra: Phase Out Details and Application to Youth Soccer](#)

Begins no earlier than June 29, 2020 or later as determined by the Governor to issue the Executive Order to move Kansas into the phase and if allowed by City, and/or County.

State of Kansas Ad Astra Plan Phase Out Restrictions:

1. Mass gatherings are significantly relaxed and Stay-At-Home orders are lifted
2. Maintain social distancing where applicable
3. Adhere to personal hygiene guidelines
4. Remain home when sick
5. Unrestricted travel may resume.



KANSAS STATE YOUTH SOCCER

www.kansasyouthsoccer.org

"The purpose of the Kansas Youth Soccer Association is to promote, foster, and perpetuate the game of soccer throughout the State of Kansas."

Kansas Youth Soccer's Introduction of Club, Coach, and Player Principles & Responsibilities

Club Responsibilities:

- Create and distribute protocols to its members.
- Contact insurers to ensure all coverages.
- Have an effective communication plan in place, identify strategies for working with public health to notify adult leaders, youth and their families if the organization learns a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity, while maintaining confidentiality.
- Be sensitive and accommodating to parents that many be uncomfortable with returning to play too quickly.
- Have an action plan in place, in case of a positive test.
- Train and educate all staff to protocols and requirements, including state and local regulations, CDC recommendations and other necessary information.
- Be prepared to shut down and stop operations. Develop plans for temporary closure of indoor facilities and cancel outdoor activities or camps to properly disinfect and ensure other adult leaders or youth are not infected.
- Provide adequate field space for social distancing.
- Provide hand sanitizing stations and waste receptacles at fields.
- Develop a relationship and a dialog with health local officials. (Identify Risk Tolerance)

Coach Responsibilities:

- Ensure the health and safety of the Athletes.
- Inquire how the athletes are feeling, send them home should you believed they act or look ill.
- Follow all state and local health protocols.
- Ensure all athletes have their individual equipment (ball, water, bag etc.)
- Coach is the only person to handle cones, disk etc.
- All training outdoors and ensure social distancing per state or local health guidelines.
- Always wear a face mask, when not actively coaching, maintain social distance requirements from players based on state and local health requirements.
- Have fun, stay positive – players and parents are looking to you to stay calm, supportive and caring during this time.
- The use of scrimmage vest/Bibs is not recommended at this time.

Parent Responsibilities:

- Ensure child is healthy, check your child's temperature daily.
- Limited or no carpooling.
- Stay in car or adhere to social distance requirements, based on state and local health requirements, when at training wear mask if outside your car.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
- Notify club immediately if your child becomes ill for any reason.
- Do not assist coach with equipment before or after training.
- Be sure your child has necessary sanitizer with them at every training.

Players Responsibilities:

- Take temperature daily.
- Wash hands thoroughly before and after training.
- Bring and use, hand sanitizer with you to every training.
- Wear mask before and immediately after all training.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, Hugs, handshakes etc.